

# JCO

## Journal of Contemporary Orthodontics

Volume - 6, Issue - 2, Year - 2022 ([www.jco-ios.org](http://www.jco-ios.org))

The Journal of Contemporary Orthodontics is an open access, peer-reviewed, publishing quarterly, and is an official journal of the Indian Orthodontic Society. It is a clinically oriented journal, relating to the specialty of Orthodontics and Dentofacial Orthopedics with the objective of disseminating peer-reviewed, quality scientific material. The journal invites original research, systematic reviews, case reports, innovations, technique clinics, book reviews, and other related manuscripts for publishing. The journal has an [more...](#)

### Call for paper

We cordially invite faculty, researchers, and scholars to submission of your valuable contribution to our Upcoming issues. It is a double-blind, peer-review, and Open Access (OA) journal and accepts manuscripts as research papers, review articles, case reports, short communication, etc.

### Manuscript Submission Guidelines

To submit your manuscript, first-time users click the Register button from the submission portal. If you are already a registered user, log in as an author and post your manuscript for further peer-review process. Manuscripts submitted for consideration and inclusion in upcoming issues must follow <https://www.jco-ios.org/info/author> and be submitted by **2025-02-02**.

Submit Manuscript

### Advertisement

The advertisement is a screenshot of the Manuscript Peer-Review Process (MPRP) website. At the top, there is a navigation bar with the following items: About MPRP, Journals, Support and Training, Contact Us, Track article status, Register, and Login. The main content area features a heading "Manuscript Peer-Review Process" followed by a paragraph describing the service as a web-based portal accessible 24/7, offering editorial services and a high level of flexibility. To the right of the text is a circular illustration showing a person at a computer, a person reviewing a document, and a person at a desk. Below the main text, there is a section titled "Why MPRP?" with a partially visible sentence: "If your research is ready to share with world, our submission portal will help you with a user-friendly platform to submit your". The website footer includes contact information: Email: support, editoroffice@ipinnovative.com and Support: +91-11-61364014, 61364015 | 9650439448 | 888.

## CONTENTS

### Original Article:

---

**Evaluation of degree of complexity, treatment need and outcome in a cohort- A retrospective study 38-42**

*Jagriti, Ajit Kumar Jaiswal, Girish Chaudhary, Jasmeet Kaur Ryait, Abhimanyu Kochhar, Priya Gupta*

**Orthodontic retention protocols—A survey among Indian practitioners 43-47**

*Renuka Bamal, Anup K Holla, Divyaroop Rai, Akanksha Jaswal, Lucky Yadav*

**Comparison of bond strength of different lingual retainer wires: An study 48-54**

*Jithin Johnson, Vaibhav Misra, Ashish Yadav, Sonal Attri, Deepanshi Yadav, Jishnu J Pillai*

**Stress evaluation during simultaneous intrusion and retraction of maxillary anteriors with mini-implants: A finite element analysis 55-59**

*Ashok Panika, Amit Bhardwaj, Sunita Raturi, Virag Bhatia, Prerna Raje Batham*

**Cephalometric analysis of upper lip thickness as a critical aid in formulating a treatment plan in skeletal Class I malocclusion in adults 60-66**

*Firoz A Khan, Poorva Joneja, Deepak Choudhary*

**Transverse digital dental analysis of patients treated with self ligating Damon Q system with different patterns of retention- A longitudinal study with three years follow up 67-74**

*Amandeep Kaur, Manish Goyal, Mukesh Kumar, Madhur Sharma, Kalpit Shaha, MD Abrar*

### Review Article:

---

**Selfie's and orthodontics - A narrative review 75-78**

*Pragya Behl, Amanish Singh Shinh, Pritesh Singla, Amanpreet Singh Natt, Karan Maheshwari, Sharnjeet Kaur*

**Retention protocol following post-orthodontic treatment in cleft palate patients - A review 79-84**

*Basanagouda C. Patil , Anamika Jha*

### Case Report:

---

**Extraction followed by micro-osteoperforation: A simple, efficient and rapid approach for treatment of anterior open-bite in a growing patient - A case report 85-90**

*Gaurav Sharma, Rajan Nikumbh, Ashish Gupta, Thokchom Joshitra, Rashmi Puri*

### Clinical Tip:

---

**Transpalatal arch modification for posterior unilateral crossbite correction 91-93**

*Madhulika Gupta, Aftab Azam, Ashish Chauhan, Ragni Tandon, Mrinalini Bansal*

# Advertisement

**Manuscript**  
Peer-Review Process

Email: support@innovativepublications.com  
editorialoffice@innovativepublications.com  
Support: +91-11-6394914, 61394105 | 9950439448 | 88

About MPRP Journals Support and Training Contact us Track article status Register Login

## Manuscript Peer-Review Process

Manuscript Peer-Review Process is a web-based portal that can be accessed 24\*7 under good internet connection. It is a set of editorial services that allows a user to run a journal efficiently. It includes journal pre-publication services, editorial workflow & post publication services. We provide a high level of flexibility, so you can select the services you need and integrate your existing workflow. It allows smooth flow of all publication functions of an editorial office on a single independent platform, no software installation is required, only requires Username, Password to login in different panels.

MPRP manages all the authors, reviewers, editors' details and its integration with the social and professional network. It is inhouse product of **Innovative Publication Pvt. Ltd.** which is managed and operated by Innovative Publication and currently running with around 50+ Journals.

### Why MPRP?

If your research is ready to share with world, our submission portal will help you with a user-friendly platform to submit your

